

BODY IMAGES FITNESS CENTER

BODYPUMP #120 CHALLENGE

LAUNCH SPECIAL OFFER!

Each person who brings a FRIEND to the LAUNCH can enter their name into a drawing to

WIN a \$50 GAS GIFT CARD

as a “THANK YOU” from BODY IMAGES!

All friends will receive a 10% discount off ANY GROUP FITNESS PACKAGE purchased on LAUNCH DAY,

APRIL 30TH.

Offer expires 4/30/22

BODY IMAGES FITNESS CENTER SPRING EVENT



BODYPUMP #120 CHALLENGE SATURDAY APRIL 30TH 9:45AM - 11:30AM

This amazing new release has everything and more. Beautiful, grounded and emotive, that's our start for BODYPUMP #120. All our standard lifts, functional Pushups and Stepping Lunges will raise your core temperature. This is a easy-to-follow workout with motivating, uplifting music that you will love.

New moves and choreography will motivate you all the way through our "BODYPUMP CHALLENGE" 90 minute workout on Saturday.

We will mix (5) heart-pounding 90 second cardio intervals with 10 muscle pumping tracks from BODYPUMP #120 for a CHALLENGING and FUN workout that you will not soon forget!

REGISTER TODAY!

Call or sign-up on your MINDBODY APP for this "FREE" FITNESS EVENT at Body Images Fitness Center- the home of BODYPUMP since 2000!

