



**VALENTINE'S DAY SPECIAL
EVENT!**

SATURDAY, FEBRUARY 8TH

9:30am. to 11:00am.

Register at Front Desk!

"LOVE YOUR HEART"

BODYPUMPCHALLENGE

**A FUN...Heart-Pounding 90 minute workout with 7-
CARDIO Challenges in-between 10 "LOVE" inspired
BODYPUMP TRACKS! In completing all of the
challenges, you will be entered in a DRAWING to win
a VALENTINE'S DAY GIFT!**

