

# FALL FITNESS BASH

**BODY IMAGES FITNESS CENTER**

**Saturday, September 7th**

**9:30am - 12:00pm**

**Prizes and Fun Drawings!**

**Refreshments and Cookies by Shelly!**

**OPEN TO THE PUBLIC!**

**Sample "Sneak Previews" of the**

**BEST GROUP FITNESS CLASSES IN SHELBY TWP.!**

**New Moves...New Music...New Choreography**

***WEEKEND WARRIOR BOOTCAMP 9:30am***

***TOTAL BODY H.I.I.T. 9:55am***

***STEP AND SCULPT! 10:25am***

***BODYPUMP! 10:55am***

***POUND! 11:30am***

**Please join us for a morning of fun, motivating exercise programs that are designed for ALL fitness levels!**

**CALL TODAY! (586) 726-8900**

**51204 Danview Technology Court, Shelby Twp. 48315**

**bodyimagesfitnesscenter.com**